

Community Center Name	Phone Number Email	Website	Agency Description
Advocate Health/Lutheran General Psychiatric Services-Park Ridge 1775 Dempster St, Park Ridge, IL 60068	847-723-6570	https://www.advocatehealth.com/education/residency-opportunities/advocate-lgh/lgh-residency-programs/psychiatry-residency/psychiatric-services	Child, adolescent, and young adult
Counseling Center for the North Shore 992 ½ Green Bay Rd Winnetka, IL 60093 <i>*formerly Family Service of Winnetka & Northfield</i>	847-446-8060 (Phone) 847-446-9769 (Fax) support@ccns.org	www.ccns.org	The Counseling Center for the North Shore provides counseling, therapy, and community education. Treatment cost is flexible based on the collective family income of the patient. This center is not typically used in crisis situations and an appointment must be made to obtain a free consultation.
Crisis Resources: National Suicide Prevention Lifeline	1-800-273-8255	https://suicidepreventionlifeline.org/	24/7, free and confidential support for people in Distress, prevention and crisis resources for you or Your loved ones, and best practices for Professionals.
Disaster Distress Helpline	1-800-985-5990	https://www.samhsa.gov/find-help/disaster-distress-helpline	The Disaster Distress Helpline, 1-800-985-5990, is a 24/7, 365-day-a year, national hotline dedicated to Providing immediate crisis counseling for people who Are experiencing emotional distress related to any Natural or human-caused disaster. This toll-free, Multilingual, and confidential crisis support service is Available to all residents in the United States and its Territories. Stress, anxiety, and other depression-like Symptoms are common reactions after a disaster. Call 1-800-985-5990 or text <i>TalkWithUS</i> to 66746 To connect with a trained crisis counselor.
The Family Institute at Northwestern 618 Library Place Evanston, IL 60201	847-733-4300 (Phone) 847-733-0390 (Fax) info@familyservicecenter.com	www.family-institute.org	The Family Institute at Northwestern provides a variety of behavioral health services and programs for individuals and families, including mindfulness, Cognitive Behavioral Therapy, LGB/TQ+, Dialectical Behavioral Therapy, as well as Neuro-Psychological assessments.
Family Service Center 3545 Lake Avenue Suite 200 Wilmette, IL 60091	847-251-7350 (Phone) 847-853-2600 (Fax)	www.familyservicecenter.com	Family Service Center has locations throughout the North Shore. They provide therapeutic counseling, student health and safety assessments, and

Serving the communities of: Glenview, Kenilworth, Northbrook and Wilmette	info@familyservicecenter.com		mindfulness sessions. The cost for sessions are flexible and based on client income.
Family Service of Glencoe 675 Village Court Glencoe, IL 60022	847-835-5111 (Phone) info@familyserviceofglencoe.org	www.familyserviceofglencoe.org	Family Service Center has locations throughout the North Shore. They provide therapeutic counseling, student health and safety assessments, and mindfulness sessions. The cost for sessions are flexible and based on client income.
Glencoe Youth Services 680 Greenwood Avenue Glencoe, IL	847-835-3121 (Phone) director@glencoeyouthservices.org	www.glencoeyouthservices.org	GYS provides recreational, educational, social service and leadership opportunities for middle and high school aged youth living in New Trier Township. They have two programs a teen center for kids aged 6 th -12 th grade and SNAP (Special Needs Adult Pals), a program for adults with disabilities. The teen center is an after school and weekend drop in program that provides activities, programs, and leadership opportunities. Staff supervises and provides mentorship, role modeling, and other support.
Haven Youth & Family Services 825 Green Bay Road Suite 200 Wilmette, IL 60091	847-251-6630 (Phone)	www.havenforyouth.org	Haven offers a variety of services to help members of the community. They have a 24/7 crisis hotline— 847-251-6630, individual therapy, family therapy, and therapy groups. Haven is unique because they offer up to 5 therapy sessions before having to contact a client’s parents. They can provide emergency housing for boys (12-17) and girls (12-18).
Illness Navigation Resources Kelsey Mora, CCLS, LPC		kmora@illnessnavigation.com	-Custom guidance on how to explain the Covid-19 Pandemic to children and adolescents of all ages as it Relates to your family and community. -Support specific to families with immunocompromised Loved ones and coping skills for feelings associated With worry and altered plans -Individualized suggestions for how to structure and Normalize the day with children in the home amidst Disrupted schedules and routines

<p>Jewish Child and Family Services 5150 W Golf Rd Skokie, IL 60077</p>	<p>855-ASK-JCFS (Inquiries) 847-745-5400 ask@jcfs.org</p>	<p>www.jcfs.org</p>	<p>JCFS provides care and mental health support for children, teens, and adults. They provide support for people with disabilities and their families, respite care, special education, general counseling and more. Also provides summer camps for children with disabilities.</p>
<p>Josselyn Center 405 Central Avenue Northfield, IL 60093</p>	<p>847-716-2252 (Phone) 847-716-2253 (Fax) Crisis Text Line (Text NAMI to 741741)</p>	<p>www.josselyn.org</p>	<p>The Josselyn Center provides mental health support for children, teens, and adults. They offer, psychiatric evaluations, individual and family therapy, psychiatrist to oversee with medications, and group therapy. If you are in a crisis you can typically make an appointment on the day you call. Josselyn Center is the only Medicaid provider in the area, and is able to set treatment cost on a sliding scale based on the client's income.</p>
<p>Lurie's Children's Hospital Pediatric Psychiatrists and Psychologists-Chicago 1645 W. Jackson Blvd. Suite 600 Chicago, IL 60612</p>	<p>1-800-543-7362</p>	<p>https://www.rush.edu/services/psychiatry-and-behavioral-sciences</p>	<p>Child & adolescent</p>
<p>Mental Health Agencies (Tasha) Winnetka Youth Organization</p>	<p>847-446-0443 info@winnetkayo.org</p>	<p>http://www.winnetkayo.org/</p>	<p>The Winnetka Youth Organization's mission is to foster individual development in adolescents by providing Adult-to-youth mentoring with opportunities for Leadership, citizenship, and education within a positive Encouraging environment.</p>
<p>Metropolitan Family Services- Evanston 820 Davis Street Suite 450 Evanston, IL 60201 **Serving Evanston, Niles, Maine Townships</p> <p>Metropolitan Family Services- Skokie Valley 5210 Main Street Skokie, IL 60077</p>	<p>847-425-7400 (Phone) 312-986-4289 (Fax) contactus@metrofamily.org</p> <p>847-425-7400 (Phone) 312-986-4289 (Fax) contactus@metrofamily.org</p>	<p>www.metrofamily.org</p> <p>www.metrofamily.org</p>	<p>Metropolitan Family Services provides a wide variety of programs and services designed to strengthen families and help them realize their full potential. They offer support and education for economically challenged families, provides counseling for individuals and families, education courses for social and emotional development in children, and a wide range of legal services for cases of domestic violence, family & elder law, and housing and consumer issues.</p>
<p>NAMI-Cook County North Suburban 8324 Skokie Blvd Skokie, IL 60077 NAMI cont.</p>	<p>847-716-2252 (Phone)</p>	<p>www.namiccns.org</p>	<p>NAMI is located in Skokie and provides educational courses and support groups for families and parents dealing with severe mental health within their family. All are free of charge and many times</p>

			you can walk in without registering. There is also a support group for teens and young adults dealing with mental illness, but majority are for adults or those supporting someone close to them. They also have a Local Resource Helpline that can be reached at 1-847-716-2252. It provides resources, referrals, advice, and other information for individuals and families living with mental illness. NAMI offers a support group in Spanish.
New Trier Township	jwinstedrosser@newtriertownship.com 847-446-8201	https://www.newtriertownship.com/	The mission of New Trier Township is to provide Leadership, advocacy and resources to benefit the Physical, mental and social well-being of Township Residents. The township's resident services include Financial assistance, a resource directory and a food Pantry. Donations to the pantry from the community Include canned-packaged-frozen food, laundry Detergent, toiletry items and useful paper goods. Intake Appointments must be arranged with Jeanne Winsted Rosser.
Northfield Township	P-847-724-8300 F-847-724-8310 info@twp.northfield.il.us	https://twp.northfield.il.us/	Their mission: to ensure consistent, high quality, Efficient township services. They make linkages to other Local resources, and they offer access to Northfield Township Food Pantry.
North Shore Psychiatry and Behavioral Services-Evanston Hospital 2650 Ridge Avenue, Evanston, IL 60201	847-570-2500 press 2 to page Crisis worker	https://www.northshore.org/psychiatry-behavioral-sciences/clinical-services/inpatient-psychiatry-services/	Psychiatric Evaluation and Crisis Hotline
North Shore Psychiatry and Behavioral Services-Highland Park Hospital 777 Park Avenue West, Highland Park, IL 60035	847-425-6400	https://www.northshore.org/psychiatry-behavioral-sciences/	Child, adolescent, & young adult
OMNI Youth and Family Services 1111 W Lake Cook Road Buffalo Grove, IL 60089	847-353-1500 (Phone) 847-465-1964 (Fax)	www.omniyouth.org	OMNI has individual, family, and group counseling and is focused on giving young adults necessary skills and tools to create positive behavior. OMNI's work focuses on those who are dealing with emotional and/or behavioral difficulties, mostly regarding substance abuse, youth referred to juvenile detention, and/or chronic stress. Their

			programs focus on improving decision making and acquiring healthy, lifelong skills. OMNI has resources in English and Spanish.
Peer Services – Evanston 906 Davis Street Evanston, IL 60201	847-492-1778 (Phone) 847-492-0320 (Fax) contact@peerservices.org	www.peerservices.org	PEER Services is a nonprofit organization whose mission is to address and treat substance abuse. For teens assessed for substance abuse risk, PEER Services has a variety of short-term Early Intervention services designed to help teens identify risks associated with substance use as well as to enhance overall healthy lifestyle decisions. Early Intervention services include: Individual and group education sessions Individual and Group Counseling treatment is confidential, and no one is ever denied based on the ability to pay. Treatment scholarships are available (insurance also accepted).
Peer Services – Glenview 3633 W Lake Avenue #305 Glenview, IL 60026	847-657-7337 (Phone) 847-657-7331 (Fax) contact@peerservices.org	www.peerservices.org	
Rush Hospital Department of Psychiatry and Behavioral Sciences 1645 W. Jackson Blvd. Suite 600 Chicago, IL 60612	312-942-2400	https://www.rush.edu/services/psychiatry-and-behavioral-sciences	Child and adolescent
Youth Services of Glenview 3080 W Lake Avenue Glenview, IL 60026	847-724-2620 (Phone)	www.ysgn.org/mission-history	Youth Services of Glenview/Northbrook provides mental health support for children and youth. This organization offers individual and group therapy, crisis intervention, and tutoring services.

**The agencies on this list are not for profit organizations serving the New Trier Township communities. There are a number of private agencies and individual therapists in our local area who support New Trier students and families.*